# WELFARE OUTSIDE OF COLLEGE

# STUDENT ADVICE SERVICE

OUSU, Thomas Hall House, New Inn Hall Street welfare@ousu.org 01865 288461 or see Student Advice Service at www.ousu.org

The OUSU Student Advice Service is a confidential listening, information and advocacy service. OUSU also produces *The Oxford Survival Guide* with more advice and details of support available. Copies of this survival guide and many others are in College but check the OUSU website and our website for PDF copies of the publications.

# UNIVERSITY COUNSELLING SERVICE

11 Wellington Square, OX1 2ES 01865 270300 reception@counserv.ox.ac.uk

www.ox.ac.uk/students/shw/counselling

This service is available throughout the year, including outside term-time from 9am to 5pm, Mon-Fri (8pm for prearranged appointments). E-mailing them is the easiest way as they will send you back a questionnaire to fill in. They are professional and confidential and can deal with a host of issues.

# JERICHO HEALTH CENTRE/COLLEGE DOCTORS

Walton Street 01865 311234

All students must register with a doctor in Oxford. St Anne's is affiliated with the Jericho Health Centre. Fresher's will be able to register with the Jericho practice at the Welfare and Medical provision meeting here in College in 0th Week Michaelmas Term. Sign up! Sign up! Sign up!

Appointments can be made directly, or via the College Nurse.

# **OTHER USEFUL CONTACTS**

# **EMERGENCIES**

John Radcliffe Hospital in Headington, 01865 220208/9

If it is not an emergency but you think you need to see a doctor urgently out of working hours you should ring the GP surgery number. You will be connected to be given the number for the Out of Hours Service and a local GP will phone you back, usually within half an hour. The Assistant Dean on duty will also be available to assist you—via the Lodge. Don't deal with anything on your own. There will always be someone to help you.

## **FAMILY PLANNING CLINIC**

The Old House Centre, Blackbird Leys 01865 456666

All services at the family planning clinic are free and you can drop in or make an appointment via telephone first. Welfare reps can give you directions or you can check the website.

# **GUM CLINIC (Genito-Urinary Medicine)**

Churchill Hospital, Old Road, Headington OX3 7LJ www.wellsafe.org 01854 231231 Sexual health clinic

# **NIGHTLINE**

01865 270270 Student run, confidential service 8pm to 8am 0th to 9th week

# THE SAMARITANS

08547 909090 or 01865 722122

# THE POLICE

For emergencies 999 or the main police switchboard 01865 266000

# **FAMILY PROTECTION UNIT**

01865 266190

Calls concerning sexual assault may be directed here, 8am to 6pm

# RAPE CRISIS CENTRE

01865 726295

# **OXFORD HOMOPHOBIA AWARENESS**

# LIASON TEAM

halt.oxford@hotmail.ox.ac.uk 01865 243389

# WELFARE INFORMATION FOR ST ANNE'S JCR & MCR

2012-2013



Hey all,
This leaflet is full to the brim with all things welfare in St Anne's. We hope you find it useful! If you need more help, check the website,
Facebook or ask us in person. Lots of welfare love,
Matt, Isra, Rebecca and Gillian.

# **JCR & MCR SUPPORT**

#### WELFARE AND DISABILITY REPS

matthew.ridley@st-annes.ox.ac.uk (JCR), isra.hale@st-annes.ox.ac.uk (JCR), welfare@st-annes-mcr.org.uk (Rebecca McKavanagh, 07812077657 and Gillian Purcell)

Matt and Isra represent the JCR and Rebecca and Gillian represent the MCR in college welfare matters; working closely with both students and senior members of the College Welfare Team.

These four are a font of knowledge on all things welfare so feel free to call, email, text or visit them whenever—even if you only need a chat!

### PEER SUPPORT

james.searle@st-annes.ox.ac.uk (MCR); hannah.morris@st-annes.ox.ac.uk; emma.yandle@stannes.ox.ac.uk; katharine.clements@stannes.ox.ac.uk; fred.richards@st-annes.ox.ac.uk; sam.weinberg@st-annes.ox.ac.uk and edward.balai@st-annes.ox.ac.uk

The Peer Supporters are JCR and MCR members trained by the University Counselling Service. You can contact them confidentially about welfare matters.

### LGBT REP

Andrew.hall@st-annes.ox.ac.uk

Andy acts as a point of contact for any LGBT related issues and provides help and information about the LGBT Society. He is also another port of call if you need to chat about LGBT related issues.

### ROBERT SAUNDERS HOUSE WARDENS (MCR)

Qin.lei@st-annes.ox.ac.uk Himanshu.kaul@st-annes.ox.ac.uk

# **COLLEGE-WIDE SUPPORT**

# **SENIOR TUTOR**

anne.mullen@st-annes.ox.ac.uk

Dr. Mullen is responsible for the co-ordination and smooth running of all aspects of welfare support available in College. She is keen to ensure that students know what help is available and that they seek information, guidance and support as soon as they think they need it. She is able to offer informal and confidential advice and support to students on academic, welfare and pastoral issues. Her room is within the Academic Office on the first floor of Hartland House.

# PERSONAL TUTOR

You can contact your Personal Tutor regarding academic issues or more personal matters. It is often a good idea to let them know what is going on as they have a duty of care towards their students as well as a responsibility to monitor their students' academic progress.

# THE COLLEGE NURSE

lvnn.cross@st-annes.ox.ac.uk

Lynn's room is on site [27 Banbury Road, ground floor] and is available during weeks 0th-9th, from 9.30am-12.30pm every Monday, Wednesday and Friday, and 13.00-16.00 on Tuesday and Friday. She can also be contacted via the Lodge. Lynn has a wealth of knowledge and professional experience to help you deal with any problem, big or small, welfare or medical related. The College Nurse works alongside the College Doctors at the Jericho Health Centre.

# **COUNSELLOR**

mimi.kester@st-annes.ox.ac.uk

Mimi Kester is St Anne's own Counsellor. Her room [number 11] is at the top of 27 Banbury. She is here on Mondays and Tuesdays, , weeks 0th to 9th. You can leave a voicemail on 01865 292883, email or place a note in her box in the Lodge.

### DECANAL TEAM

naomi.walker@st-annes.ox.ac.uk (Welfare Assistant Dean)

mandy.izadi@st-annes.ox.ac.uk

hugh.wolgamot@st-annes.ox.ac.uk

These are our assistant deans who have welfare responsibilities within the college. They are graduate students who live onsite or nearby and can be contacted by e-mail or via the Lodge. One of them is always on duty after hours, and they can usually be contacted during regular office hours as well; so if you ever need any help they are another excellent source of assistance, guidance and support. In addition Naomi is our dedicated welfare assistant dean, on hand to help with or advise on any welfare issues.

# **DISABILITY ADVISOR**

zoe.sparrowhawk@st-annes.ox.ac.uk

Zoe Sparrowhawk is the College's Disability Advisor. If you have a disability then we encourage you to let Zoe know. There's a lot of funded support available and it's also really important that Zoe knows about any special requirements to assist with examination needs. E-mail as above or telephone: 01865 284685